

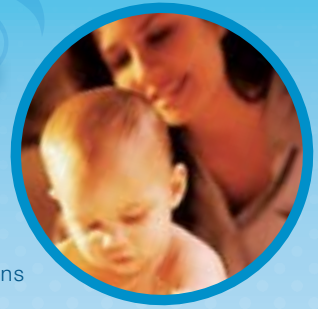
Cloth Diapering Guide



bumkins[®]
finer baby products
bumkins.com

SAFE, ECONOMICAL AND ECO-FRIENDLY

Why Choose Cloth?



As a parent you want nothing but the best for your baby, so why not choose the healthiest alternative for diapering? Diapers are a huge part of baby's interaction with their environment. Let Bumkins help you make this important time of their life the best it can be!

Cloth diapers from Bumkins provide the most comfortable and natural fabrics for your baby's delicate skin, they save you money and they are good for the environment!

- **Comfortable:** Natural fabrics like 100% cotton allow air to circulate and keep baby's bottom cool and comfortable.
- **Chemical Free:** Cloth diapers use natural absorbency from natural fabrics. No dioxins, perfumes or chemicals aid in the performance of our cloth diapers.
- **Healthy:** Cloth diapering helps reduce the incidence of diaper rash and accelerates potty training. Cloth diapers, with their natural absorbency, let both parents and baby know promptly when a diaper change is necessary. They prevent prolonged exposure to soiled diapers by encouraging frequent changing. Their use of naturally absorbent fibers help parents control and monitor their baby's health.
- **Economical:** Reusable cloth diapers save money.
"Cloth diapers are less expensive than disposables, especially if you do the laundering yourself." - Consumer Reports.org
- **Environmentally Responsible:**
Using cloth diapers conserves a vast amount of valuable resources and reduces your baby's carbon footprint.

Mom invented products that are eco-friendly and most importantly safe for your baby.

bumkins.
finer baby products

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CHOOSE WHAT WORKS FOR YOUR SPECIFIC NEEDS

Modern Fabric Choices

We use premium fabrics for all our cloth diapers. Each material has unique properties that add to the excellent performance of our diapers.

We use natural fabrics for extra comfort against skin.



COTTON:

Naturally absorbent, soft and breathable.
Used in the All in One, inserts and flat diapers.



BAMBOO:

Soft, absorbent and antibacterial in its natural state.
Used in the Bamboo fitted diapers and Bamboo boosters inserts.



Our synthetic waterproof material is used for its durability, functionality and stain and odor resistance.



WATERPROOF:

Silky and soft PVC, phthalate, BPA and lead free material. Durable and machine washable.
This unique fabric remains bright for 200 washes and comes in a variety of contemporary prints.
Used in the All in One and Diaper Cover.



CHOOSING YOUR DIAPERING SYSTEM IS AS EASY

Bumkins Diaper Systems

Cloth Diapering truly is easy, but it can take a little time to adjust to this new practice. Be patient when you first start and give yourself a chance to discover what routine works best for you. Both your baby and the world will thank you for it!

Because parents choose to cloth diaper for various reasons, Bumkins offers multiple diapering systems that offer distinct benefits. We offer different diaper styles for different preferences, ages and stages. Choose a cloth diaper system that fits your lifestyle.



Thoughtfully designed to suit the lifestyles and needs of every family.

1 ONE-PIECE SYSTEM

The All-in-One

"The Simple Option"

For those families that require a simple-to-use, quick fitting diaper, Bumkins All-in-One is the perfect choice! This diaper is most similar in looks and application to a disposable diaper. It's the easiest cloth diaper to put on your baby, provides the ultra-absorbent comfort of six layers of 100% pure cotton flannel on the inside and provides complete waterproof and leakage protection on the outside.



SUGGESTED QUANTITY:

18 to 24 All-in-Ones per size.
6 inserts for additional absorbency.

"Back to the convenience issue, because I know it can make or break your cloth diapering experience: this is definitely the easiest cloth diaper I've used. I think they're even easier than disposables..."

– **Jenn Lauder** www.baltimoremama.net



"As a new mom to cloth diapering, I couldn't be more pleased with Bumkins! Their All-In-Ones make it sooo easy for Grandma, Daddy or the Babysitter to Cloth-Diaper, even when I'm not around. They fit nice and trim, with extra strong fasteners, so my little monkey can't get them open. They even look cute on their own as bottoms to our little outfits!"

– **Shannon Woodruff** *Luna Blue, Blissful Baby Boutique*

2 TWO-PIECE SYSTEMS

Diaper Covers and Flat or Contoured Diapers

“The Most Cost-Effective Option”

For many families, cost may be the most important determining factor in their choice of a diapering system. This Bumkins Two-Piece System consists of our Waterproof Diaper Cover and separate 100% cotton diapers, designed to tuck into the pocketed cover. This is ideal for families needing a diapering system that will last through several children.

SUGGESTED QUANTITY:

24-36 Flat or Contoured Diapers per size; 4-6 Diaper Covers per size.



Diaper Covers or Pull-On-Pants and Fitted Diapers

“The Hybrid Option”

For families that want the availability of reuse for multiple children but desire an easier application than flat or contoured diapers can provide, the use of fitted diapers with a cover or Pull-On-Pant is a great choice. Fitted diapers are similar to All-in-Ones in both design and application, but they do not have waterproof protection on their exterior. They must be paired with a waterproof shell such as the Diaper Cover. Because fitted diapers feature modern fasteners such as Velcro and snaps some parents prefer the ease of a slip-on cover like the Pull-On-Pant.

SUGGESTED QUANTITY:

18 to 24 Fitted Diapers of each size; 4-6 Diaper Covers or Pull-On-Pants per size



Diaper Covers and Diaper Service

“The No Home Laundry Option”

For those families who feel committed to using cloth diapers but prefer not to launder them, a diaper service with our Waterproof Diaper Covers is the best choice. Generally, diaper services drop off a weekly supply of flat cloth diapers and pick up, launder and sanitize the soiled diapers. The cloth diapers provided by the service fit perfectly into our Diaper Covers. To find a service near you, check your local yellow pages or contact The National Association of Diaper Services (NADS) at www.diapernet.com.

SUGGESTED QUANTITY:

4-6 Diaper Covers per size. (Plus diapers provided by a diaper service)

**Inserts or Boosters can be paired with any diapering system for added protection!*

FREQUENTLY ASKED QUESTIONS

What to Expect When Using Cloth...

HOW DO CLOTH AND DISPOSABLE DIAPERS COMPARE IN TERMS OF ABSORBENCY?

Disposable diapers can absorb more urine than cloth diapers because they contain a chemical component inside the layers of paper pulp that enhances absorption. This chemical powder converts into a gel once it is in contact with urine. Disposables get heavier from the gelatinous chemical and urine combination when full, rather than overflow. They may not show signs of leakage, leaving parents unaware that their child is staying in a urine-filled, chemical laden diaper for longer than is healthy or hygienic. Cloth diapers absorb the normal amount of urine a baby outputs at one time or possibly two. Additional absorbency can be gained with the use of Bumkins inserts, ideal for heavy wetters or longer periods of time. All diapers should be changed as soon as they are wet or soiled in order to ensure baby's optimum health, so the extra chemically derived absorbency of disposable diapers should not be deemed a healthy or beneficial advantage.

WHAT DO I DO WITH SOILED DIAPERS?

Solid waste should always be shaken off a diaper prior to storage. Many Diaper Resellers carry easy-to-use sprayers to help with this stage. Diaper sprayers attach to toilets, sinks or showerheads and can be used to further remove the solid waste from diapers directly into the toilet. After removing as much solid waste as possible, continue to rinse the diaper in cold water using a sprayer and place diaper in a diaper pail or waterproof Laundry Bag for storage until wash day. If you do laundry frequently (every 1-3 days), diapers that contain only urine do not need to be rinsed. Please reference the specific washing instructions for each diaper style and for more detailed laundering instructions please visit www.bumkins.com/diapercare



WHAT DO I NEED TO KNOW ABOUT SIZING?

Correct sizing is important for comfort and leakage protection. To find the correct size for your baby, consult our guidelines for each product. These guidelines are based on average weight and height ratios and are generally accurate. If you know that your baby always needs a larger or smaller size in other clothing, then make that assumption for our diapers. If in doubt, or your baby is close to the end of our recommended weight for that size, it is best to buy the next largest size. Our All-In-One diapers and our cotton diapers are all sized to fit after shrinkage. Wash and dry one diaper to make sure that the fit is satisfactory before washing the whole batch.

HOW DO I KNOW WHEN IT IS TIME TO CHANGE SIZES?

Changing the size of the diaper or cover is necessary as baby grows. Typically, when the diaper starts showing regular leakage through the top waist area, it is time to move to a larger size. If a diaper is too small, it can't provide sufficient coverage and will leak. Alternatively, if regular leakage is occurring around the leg area and the use of an insert doesn't help, the diaper or cover maybe too large. Not all babies will need all of the sizes of diapers or covers - but most babies go through at least two sizes.

FREQUENTLY ASKED QUESTIONS

WHAT ABOUT LEAKAGE?

A diaper will leak for one of two reasons: either the fit isn't right, or it is entirely full. You can minimize leakage by changing your baby's diaper frequently and by "double diapering," using two flat diapers at once, whenever it is likely that you will go a long period between changes. Inserts or Boosters, sometimes referred to as "doublers," can also be used in with our diaper systems to increase absorption with heavy-wetters, at nighttime or on long outings. Generally, any of the Bumkins diapers will absorb the usual amount of urine that a baby can output at least one time, sometimes two. Additionally, cloth diapers, like all clothing, get thinner with repeated laundering. You may notice that older diapers require the use of an insert more often. Diapers can also leak if they do not fit properly - changing sizes may help if you begin to notice consistent leakage. When using the two-piece systems, be sure the diaper is completely tucked inside the cover and that the covers fit properly.

WHAT IS THE BEST DIAPER SYSTEM FOR BREAST FED BABIES?

Bumkins Two-Piece Systems are the best choice for diapering breast fed babies. Breast fed stools are typically very runny and the use of a cloth diaper, either flat, fitted or contoured, with a Bumkins Diaper Cover provides the best leakage protection for this type of soiling. Two-piece systems are also the optimum choice for diapering newborns.



Bumkins Two-Piece Systems. Pictured above: Diaper Cover, Bamboo Fitted Diaper, Contoured Diaper, Flat Diapers and Inserts.

WHAT DO I NEED FOR DIAPERING OVERNIGHT?

Cloth diapering for overnight and extended naps requires extra leakage protection. Inserts or boosters, as well as the doubling of flat diapers, helps prevent against the over saturation that causes leakage. Inserts themselves can be doubled up for especially heavy-wetters. Pull-On-Pants, as an additional precaution, can also be used as a secondary waterproof barrier over all diapers systems. Monitoring your baby's unique sleep habits and positioning, along with a little experimentation, will help you to find the best solutions for overnight protection.

HOW MANY CLOTH DIAPERS DO I NEED?

A general guideline: The first few months involve a lot of diaper changes - more than twelve per day. Starting at about three months, there will be less "messy" diapers and more wet ones with less frequency. By the end of the first year, the daily use drops slightly, and by 18 months you will use only six to eight diapers a day. Consult our "Suggested Quantity" for each diaper style, calculate how often you want to launder and observe how many your baby uses each day to find the right number for you.

HOW LONG WILL THE DIAPERS LAST?

Bumkins All-In-One diapers will last an average of 150 to 200 washings. This is an approximate estimate that may vary depending on specific washing conditions such as frequency, detergent choice and water conditions. Bumkins fitted diapers have a similar lifespan to the All-in-Ones. We can't predict the exact length of time that your diapers will last, but we do have important suggestions to help keep them in their best condition. Please remember that a cloth diaper is an article of clothing, and it will eventually wear out! Bumkins Diaper Covers are true work-horses, and because they do not get the same aggressive and frequent laundering as the All-In-One, will last much longer. Flat diapers also last an exceptionally long time, since they do not have elastic, waterproofing or Velcro which are the more heat sensitive components.

BUMKINS ONE-PIECE SYSTEM

NEW! All-In-Ones

VINYL FREE
PHTHALATE FREE
PVC AND BPA FREE

100% AMERICAN
FABRIC



NEW! ROUNDED CLOSURE TABS

Velcro closures featuring gentler, rounded edges. Generously sized, large format tabs overlap to provide a snugger, more secure fit.

NEW! SELF-CLOSING VELCRO FLAP

Flap designed for the utmost ease in laundering. Simultaneously covers Velcro closures to prevent snagging, creates easy-grip handle for spraying, and keeps diaper open for optimum washing.

100% COTTON FLANNEL INTERIOR

Six layers of thick 100% cotton flannel for natural comfort maximum absorbency. Designed for quick drying.

NEW! LEAK SHIELD GUSSET

Contoured, interior waterproof fabric reinforced with gentle, internally sewn elastic. Provides superior leak protection and improved fit.

WATERPROOF OUTER SHELL

Bumkins signature waterproof fabric is stain and odor resistant, machine washable, durable and comfortable. Prints remain bright and colorful wash after wash.

NEW! SHORTENED VELCRO™ STRIP

Compacted Velcro strip ensures that 100% cotton and Bumkins' silky, waterproof fabric are the only materials directly in contact with baby's delicate skin.

NEW! LARGER FRONT PANEL

Wider front wings for extra comfort in the waist and added protection along the front and sides of the diaper.



ALL-IN-ONE

- * Item #DP Prints
- * Item #D White

SIZE CHART

S	SMALL	6-12 lbs
M	MEDIUM	12-22 lbs
L	LARGE	22-32 lbs
X	X-LARGE	32-42 lbs
Y	YOUTH*	42+ lbs
*White Only		

Using Bumkins All-In-Ones is as Simple as One, Two Three!

- 1 Wash the diaper before first use. Bumkins All-in-One diapers are sized to accommodate shrinkage, and maximum shrinkage occurs within the first three launderings.
- 2 Open up the All-in-One and lay it on a changing surface. An insert may be added to increase absorbency and make rinsing soiled diapers easier.
- 3 Place baby on top of open diaper. Lift the front portion up to baby's tummy and bring the side tabs around the front, securing with the Velcro tabs. To prevent leakage, ensure no part of the cotton lining is poking out of the diaper.



Dealing with Dirty Diapers

- After removing diaper from baby, fold Velcro tabs backwards (**FIG.1,2 and 3**) to cover for laundering. This creates a "handle" for rinsing, ensures diapers stay open in the washing machine and prevents snagging.

FIG.1



FIG.2



FIG.3



- Diapers that are wet (from urine) need not be rinsed before storing.
- Diapers that are soiled should be rinsed or sprayed in the toilet.
- Use covered diaper pail or Bumkins Laundry Bag to store dirty diapers until laundering, every 1-3 days.
- Diapers should be machine washed as a separate load from clothing, using warm or hot water and a gentle detergent. Pre-rinsing in cold water will help minimize stains, and an extra rinse cycle after will help ensure excess detergent is removed.
- Do not use chlorine bleach as it will weaken the fabric and void all manufacturer warranties.
- Non-chlorine stain removers can be used, but should be tested first.
- Machine or hang dry. Avoid fabric softeners as they reduce absorbency and can cause skin irritation
- For more detailed laundering information or other cloth diaper questions, visit www.bumkins.com/diapercare

"These diapers are so amazing! First off, this is not your typical all-in-one cloth diaper. The inner layer of this diaper has six layers of 100% pure cotton fabric with airflow panels. The airflow panels cuts drying time in half; whereas, other all-in-one's take a million years to dry."

– **Brooke Remillard**, Lawrenceville, GA

BUMKINS TWO-PIECE SYSTEMS

NEW! Diaper Covers

VINYL FREE
PHTHALATE FREE
PVC AND BPA FREE

100% AMERICAN
FABRIC



NEW! ROUNDED CLOSURE TABS

Velcro closures featuring gentler rounded edges for baby. Generously sized, large format tabs overlap to provide a snugger, more secure fit.

AIR VENT

Bumkins perforated air-flow panel allows air to circulate, keeping baby both cool and comfortable.

NEW! SELF-CLOSING VELCRO FLAP

Flap designed for ease in laundering. Covers Velcro closures to prevent snagging, while keeping the cover open for optimum cleaning.



INTERNAL ELASTIC

Gentle elastic sewn internally around the legs and waist creates superior leak protection.

WATERPROOF FABRIC AND TRIM

True waterproof protection! From the outer shell to the trim, Bumkins diaper covers are fully waterproof to prevent wetness from transferring to clothing.

Diaper Cover Care

- Diaper covers can be reused (with a clean diaper) until they are soiled or wet.
- Diaper covers can be hand or machine washed.
- If machine washing, close the Velcro tabs prior to washing to prevent snagging during laundering. (Refer to FIG.1, FIG.2, FIG.3, on page 9)
- Hang dry covers for best results. Since diaper covers contain no absorbent layers or trims, they dry in minutes.
- Diaper covers can go in the dryer if necessary, but they will have more wrinkles once dried.

SIZE CHART

N	NEWBORN	6-10 lbs
S	SMALL	9-16 lbs
M	MEDIUM	15-23 lbs
L	LARGE	22-28 lbs
X	X-LARGE	27-35 lbs

Using Diaper Covers + Flat or Contoured Diapers

- If using a flat diaper, fold into thirds to fit into the cover.
- Tuck the front portion of the contoured or folded flat diaper into the front pocket of the cover. This will hold the diaper in place and prevent moisture from seeping onto clothing.
- Place your baby on top of the diaper and diaper cover. Lift the front portion up to your baby's tummy and bring the side Velcro closures around the front to fasten.
- Ensure the diaper is completely tucked into the cover in all areas.



Using Diaper Covers + Fitted Diapers

- If using a snap or Velcro closing fitted diaper, do not tuck the front portion of the diaper into the front pocket.
- Fasten the fitted diaper on baby first then close the cover. Ensure the fabric from the diaper is completely tucked into the cover in all areas.



Flat, Contoured and Fitted Diaper Care

- Wash diaper before first use. Diapers are sized to accommodate shrinkage, and maximum shrinkage occurs within the first three washes.
- After removing the diaper from baby, spray or rinse any solid waste from the diaper into the toilet. Wet (urine) diapers do not require rinsing.
- Use covered diaper pail or Bumkins Laundry Bag to store dirty diapers until laundering, every 1-3 days.
- If the fitted diaper has Velcro closures, they must be secured prior to washing to prevent snagging during laundering.
- Diapers should be machine washed as a separate load from clothing, using warm or hot water and a gentle detergent. Pre-rinsing in cold water will help minimize stains, and an extra rinse cycle will help ensure excess detergent is removed.
- Do not use chlorine bleach as it will weaken the fabric and void all manufacturer warranties.
- Non-chlorine stain removers can be used, but should be tested first.
- Machine or hang dry. Avoid fabric softeners as they reduce absorbency and can cause skin irritation.
- For more detailed laundering information or other cloth diaper questions, visit www.bumkins.com/diapercare

About Bumkins

Bumkins, a Mom-owned and operated company, has been a leader in the cloth diaper industry since 1989. Our products are designed by moms and manufactured with excellent care and quality, using only the most durable materials. The elastic, Velcro, waterproof fabric, and cotton flannel have been carefully tested and exclusively produced for us, to ensure that our products offer the best possible quality and durability. All of our products are intended to withstand daily use and provide unmatched value, convenience and comfort.

Bumkins is proud to be homegrown! We strive to do our part to keep the local economy active by manufacturing our products right here in the United States.

Bumkins Warranty

Bumkins products are warrantied against any defects in materials or workmanship for a period of 30 days from the date of purchase. Normal wear and tear is not covered. Please keep your receipt or record of purchase for our reference. Warranty issues or claims cannot be processed without proof of purchase from an authorized Bumkins reseller.



www.bumkins.com

7802 E. Gray Road #500
Scottsdale, AZ 85260

Ph: 480.481.3618 Fx: 480.481.9248

Toll Free: 1.866.BUMKINS (1.866.286.5467)